



Rushey Mead Primary School

PE intent

1. To inspire a lifelong love of sport and physical activity amongst pupils.
2. To provide all children with the opportunity to develop fundamental sporting skills which allow them to confidently take part or compete in sport throughout their life.

At Rushey Mead Primary School, we strive to support children in discovering a lifelong love of physical activity and endeavour to provide children with the foundational sporting skills to confidently take part or compete in sport in later life. We believe strongly that physical exercise can play an important role in supporting the current and future wellbeing of our pupils and help them develop positive attitudes towards a healthy lifestyle. Our broad and inclusive curriculum is engaging, educational and hopes to make PE lessons a highlight of our pupils' school experience. Children are taught how to collaborate with others, work as part of a team and respect the rules of a game.

Our physical education curriculum aims to inspire all pupils to succeed and fulfil their potential in competitive sports and other physically-demanding activities. Our children have opportunities to compete in a wide range of clubs and competitions which provide pupils with the opportunity to participate and develop new skills and abilities.

The Physical Education Curriculum supports the whole school curriculum intent by delivering a curriculum that:

- Challenges and enables all children to fulfil their potential.
- Promotes a lifelong love of activity and develops a positive attitude towards maintaining a healthy lifestyle.
- Ensures that all children have the opportunity to make links within and across curriculum subjects.
- Provides children with opportunities which expose them to a range of memorable experiences beyond the classroom, inspires our pupils to build a wider cultural capital and supports their learning of new vocabulary.
- Helps children to build an understanding and develop the means to lead a healthy lifestyle that has physical and mental health at the heart of it
- Teaches children to enquire, challenge and communicate their ideas and opinions to problem solve, support others and be creative.
- Encourages self-reflective children who can identify how they can improve and where they need additional support.
- Requires children to develop skills to work collaboratively and independently in order to achieve better outcomes.
- Empowers our children to become independent and resilient in their learning and beyond.
- Motivates children to have high aspirations for their futures in learning, work and in wider life.