

a game.

Year 1 - PE - Attacking and Defending Skills



Curriculum Objectives

Pupils should be taught to:

master basic movements including running, jumping, throwing and catching, as well as know and begin to understanding balance, agility and coordination, and begin to apply these in a range of activities

2. To begin to demonstrate a knowledge of how, where and why to attack and defend in

1. To know how to use attacking and defending skills in intra-school competitions.

2. To begin to demonstrate attacking and defending skills in intra-school competitions.

Vocabulary

We are considered an 'attacker' when we or our team are in pos-Attacker session of the ball or in control of the ball. Our aim is the keep the ball away from the defenders.

We are considered a 'defender' when we are not in possession of Defender the ball. The aim of the game for the defenders is to try and prevent the attackers from scoring.

Links Across the Curriculum

English—vocabulary. Specific words and phrases used.

Science—functions of the body (respiratory system, cardio-vascular system, function of the skeletal system, muscles). See progression map.

PSHE—team work, social skills,, leadership, health and wellbeing.

Substantive Knowledge/Key Knowledge Lessons Sequence Pupils will learn what 'attacking' means and why we attack during a game. 1. To know the basic principles of attack. 2. To begin to demonstrate the basic principles of attack. Pupils know what 'attacking' means and why we attack during a game. Children can begin to apply knowledge into 1. To know how to to apply simple attacking principles into a game situation. game situations. 2. To begin to demonstrate how to apply simple attacking principles into a game situa-1. To know the basic principles of defence. Pupils will learn what 'defending' means and why we defend during a game. 2. To begin to demonstrate the basic principles of defence. Pupils will understand why we need to prevent the attackers from scoring. 1. To know how to apply simple defending principles into a game situation. Pupils will learn what 'defending' means and why we defend during a game. Pupils will understand why we need to prevent the attackers from scoring. Children can begin to apply knowledge into game situations. 2. To begin to demonstrate how to apply simple defending principles into a game situa-1. To know how, where and why to attack and defend in a game. Pupils will know and begin to understand how, where and why to attack and defend in a game.

Disciplinary Knowledge / Skills

Pupils move into spaces avoiding other pupils. Pupils adjust their speed and change direction to avoid other pupils (defenders). Pupils experiment running in different ways. Pupils begin to apply basic attacking principles.

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Pupils adjust their speed and change direction to catch other pupils. Pupils experiment running in different way. Pupils begin to apply basic defensive principles.

Pupils adjust their speed and change direction to catch other pupils. Pupils experiment running in different way. Pupils begin to apply basic defensive principles. Children can begin to apply knowledge into game situations.

Pupils will know and begin to understand how, where and why to attack and defend in a game.

Pupils will begin to demonstrate their prior learning in competitive scenarios.

Themes

Pupils will begin to demonstrate their prior learning in competitive scenarios.

Attacking	To know and begin to demonstrate how to apply simple attacking principles into a game situation.
Defending	To know begin to demonstrate how to apply simple defending principles into a game situation.
Evaluation	Pupils to express what they have learnt and have done well

Outcome	Character Traits	Stickability	WOW
Pupils can apply their learning to intra-school competitions.		Experience Repetition of previously taught skills	Experience, equipment and out- doors.

Diversity in the Curriculum

Football

Explain to the children how football is a sport played and enjoyed by people with a variety of ages, abilities, religions, skin colours etc.

Discuss how football links with attacking and defending skills.





Year 2 - PE - Attacking and Defending Skills



Curriculum Objectives

Pupils should be taught to:

master basic movements including running, jumping, throwing and catching, as well as know and begin to understanding balance, agility and co-ordination, and begin to apply these in a range of activities

Vocabulary

We are considered an 'attacker' when we or our team are in possession of the ball or in control of the ball. Our aim is the keep the ball away from the defenders.

Defender vent the attackers from scoring.

Dodge by a method of moving quickly by an attacker, from one Dodge Tactics Tactics are a carefully planned set of actions that are used by a Tactics Tactics are a carefully planned set of actions that are used by a Tactics Tactics are a carefully planned set of actions that are used by a Tactics Tactics are a carefully planned set of actions that are used by a Tactics Tactics are a carefully planned set of actions that are used by a Tactics Ta

Links Across the Curriculum

English—vocabulary. Specific words and phrases used.

Science—functions of the body (respiratory system, cardiovascular system, function of the skeletal system, muscles).

See progression map.

PSHE—team work, social skills,, leadership, health and wellbeing.

Lessons Sequence

- 1. To know and begin to understand how to create simple attacking principles, applying them as a team into a game.
- 2. To demonstrate how to create simple attacking principles, applying them as a team into a game.
- 1. To know and begin to understand how to create simple defending principles, applying them as a team into a game.
- 2. To demonstrate how to create simple defending principles, applying them as a team into a game.
- 1.To know and begin to understand how to transition from defence into attack.
- 2. To demonstrate how to transition from defence into attack.
- 1.To know and begin to understand how to create and attacking tactics applying them as a team into a game.
- 2. To demonstrate how to create and attacking tactics applying them as a team into a game.
- 1.To know and begin to understand how to create simple defending tactics applying them as a team into a game.
- 2. To demonstrate how to create simple defending tactics applying them as a team into a game.
- 1. To know and begin to understand how to apply prior learning to in intra-school competitions.
- 2. To demonstrate how to apply prior learning to in intra-school competitions.

Substantive Knowledge/Key Knowledge

team or an individual to attain a certain goal.

Pupils will develop their understanding of what 'attacking' means and when and why we attack as a team during a game.

Pupils will develop their understanding of what 'defending' means and when and why we defend as a team during a game.

Pupils will learn that during a game their role will change (from defence to attack) and that they need to keep adapting their role to meet the needs of the game. Pupils will develop their understanding of how their role changes from defence to attack.

Pupils will refine their understanding of what 'attacking' means and when, where and why we attack as a team during a game.

Pupils will refine their understanding of what 'defending' means and when, where and why we defend as a team during a game.

Pupils will their prior learning in competitive scenarios.

Disciplinary Knowledge / Skills

Pupils run and stay in a space. Pupils understand what attacking means. Pupils understand why games have rules. Pupils understand the consequence of breaking the rules of a game. Pupils create and apply simple attacking strategies.

Pupils adjust their speed and change direction to catch other pupils. Pupils (defenders) tag the attackers. Pupils are able to change direction (dodge) and catch an attacker. Pupils understand why games have rules. Pupils understand the consequence of breaking the rules of a game. Pupils understand the consequence in a game of running off the pitch. Pupils understand what defending means. Pupils (defenders) understand the consequence in a game of not tagging an attacker.

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Pupils run and stay in a space. Pupils understand what attacking means. Pupils understand why games have rules. Pupils understand the consequence of breaking the rules of a game. Pupils can create and apply simple attacking strategies.

Pupils adjust their speed and change direction to catch other pupils. Pupils (defenders) tag the attackers. Pupils able to change direction (dodge) and catch an attacker. Pupils understand why games have rules. Pupils understand the consequence of breaking the rules of a game. Pupils understand the consequence in a game of running off the pitch. Pupils understand what defending means. Pupils (defenders) understand the consequence in a game of not tagging an attacker. Pupils create and apply simple defensive strategies.

Pupils will be able to demonstrate their prior learning in competitive scenarios.

Themes

side to the other to avoid being tagged by a defender.

Attacking	To know and begin to understand how to create simple attacking principles, applying them as a team into a game. To know and begin to understand how to create and attacking tactics applying them as a team into a game.
Defending	To demonstrate how to create simple defending principles, applying them as a team into a game. To demonstrate how to create simple defending tactics applying them as a team into a game.
Evaluation	Pupils to express what they have learnt and have done well

Outcome

Pupils can apply their learning to intra-school competitions.

Character Traits

Articulate Ambitious

Experience
Repetition of previously taught skills

Stickability

Experience, equipment and outdoors.

WOW

Diversity in the Curriculum

<u>Basketball</u>

Explain to the children how basketball is a sport played and enjoyed by people with a variety of ages, abilities, religions, skin colours etc.

Discuss how basketball links with attacking and defending skills.

