



‘Broadening Horizons’

PE long term plan Beginning 4/09/23	W.B – 04.09.23 (6weeks)	W.B – 23.10.23 (6weeks)	PE specialist or Mr Allen W.B – 04.09.23 (6weeks fortnightly)	PE specialist or Mr Allen W.B – 04.09.23 (6weeks fortnightly)	W.B – 4.12.23 (6weeks)	W.B –29.01.23 (6weeks)	PE specialist or Mr Allen W.B – 04.12.23 (6weeks fortnightly)	PE specialist or Mr Allen W.B – 04.12.23 (6weeks fortnightly)	W.B – 18.03.24 (6weeks)	Mr Allen W.B – 18.03.24 (6 weeks)	W.B – 13.05.24 (5 weeks)	Mr Allen W.B – 13.05.24 (5 weeks)	W.B – 24.6.24 (3 weeks)	Mr Allen W.B – 24.6.24 (2 week)
Year 1	Invasion Games (ball skills - feet)	Throwing & Catching (ball skills – hands)	Locomotion - jumping	Gymnastics	Locomotion – running	Bat & Ball skills	Dance	Multi Sports	Attacking & Defending Skills	Dance	Striking and Fielding Skills	Team Building	Throwing & Catching (ball skills – hands 2)	Throwing & Catching (ball skills – hands 2)
Year 2	Invasion Games (ball skills - feet)	Throwing & Catching (ball skills – hands 1)	Locomotion - jumping	Gymnastics	Locomotion -running & dodging	Bat & Ball skills	Dance	Multi Sports	Attacking & Defending Skills	Dance	Striking and Fielding Skills	Team Building	Throwing & Catching (ball skills – hands 2)	Throwing & Catching (ball skills – hands 2)
Year 3	Football	Basketball	Cricket	Gymnastics	Athletics	Multi Sports	Dance	Hockey	Athletics - competitions	Tag Rugby	Tennis	Orienteering	Rounders	Rounders
Year 4	Football	Basketball	Cricket	Gymnastics	Swimming	Swimming	Dance	Hockey	Athletics	Tag Rugby	Tennis	Orienteering	Rounders	Rounders
Year 5	Football	Basketball	Cricket	Gymnastics	Athletics	Tennis	Dance	Hockey	Swimming	Tag Rugby	Swimming	Orienteering	Swimming	Rounders
Year 6	Swimming	Swimming	Cricket	Gymnastics	Football	Basketball	Dance	Hockey	Athletics	Tag Rugby	Tennis	Orienteering	Rounders	Rounders

Subject	Colour
Invasion games	
Swimming	
Gymnastics	
Net and Ball	
Athletics	
Striking and Fielding	
Orienteering	
Dance	
Other	